

A Guide To Packing

What is Packing?

Packing is the practice of creating a bulge similar to one created by a penis, and sometimes also replicating some of its functionality. People have different reasons for packing and what they are trying to achieve - often it is used by trans men and some non-binary people to alleviate dysphoria.

Homemade Packers

The easiest and cheapest way to pack is with a homemade packer such as a balled up pair of socks. It can be held in place simply by the underwear if it is tight enough, or you can use a safety on the outside of your underwear to hold it in place.

Soft Packers

These are products that you buy and are made of materials like silicone. They might be shaped like a flaccid penis on its own or also feature testicles. There are many videos reviewing different products on YouTube.

Stand to Pee Devices

These can look similar to soft packers and work as a funnel so can be used to pee at urinals. You will need to make sure they are correctly positioned and do practice using them at home first!

Securing Your Packer

Many people who pack have a worry about the risk of their packer falling out or moving into a different position when out in public.

Most packers will be held securely in suitably fitting briefs or similar underwear. If you prefer to wear boxers or looser underwear you might want to consider a packing pouch or specially designed packing underwear that has a compartment for keeping the packer secure.



Further Resources

- folxhealth.com/library/transgender-packer-guide